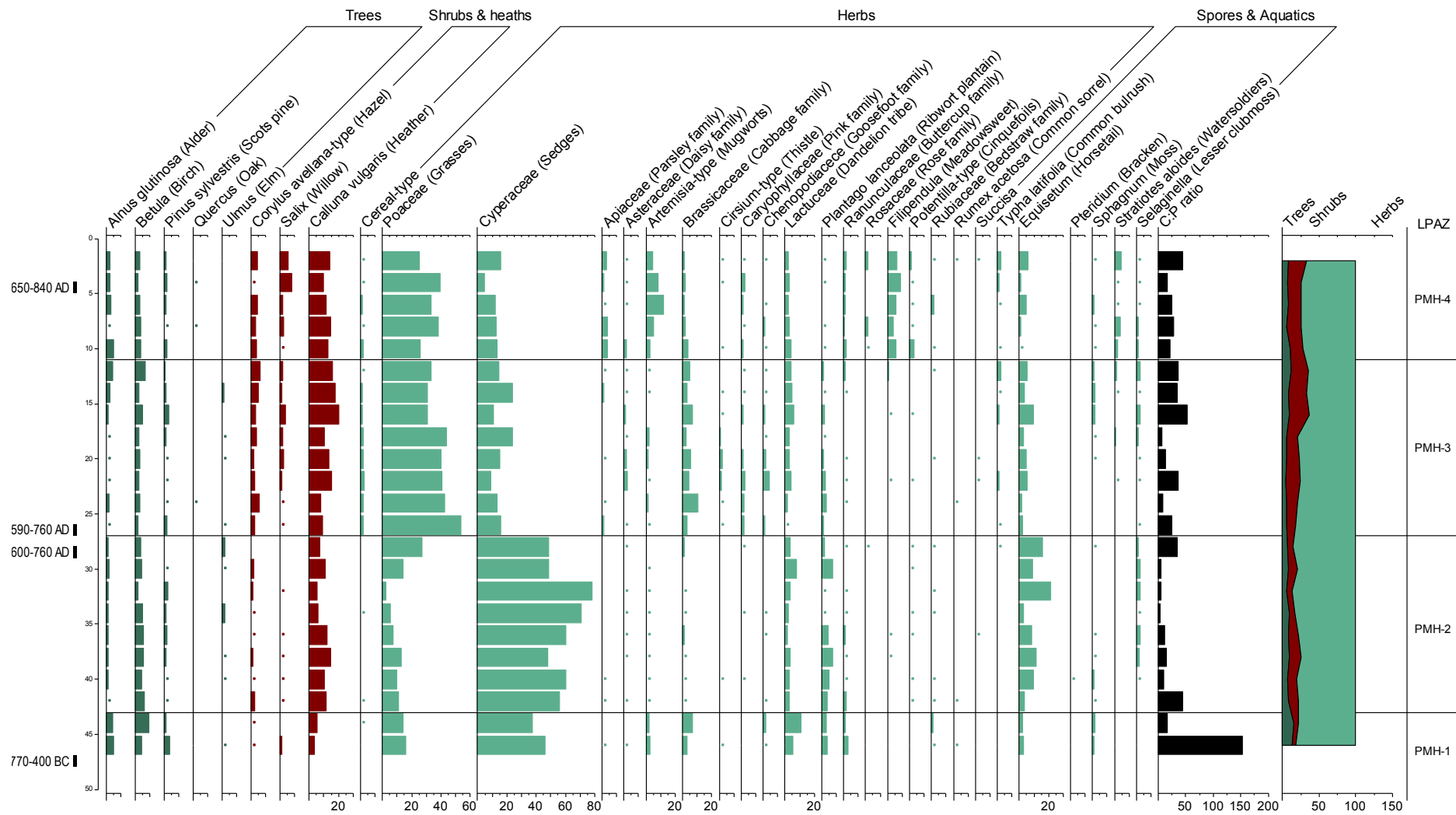


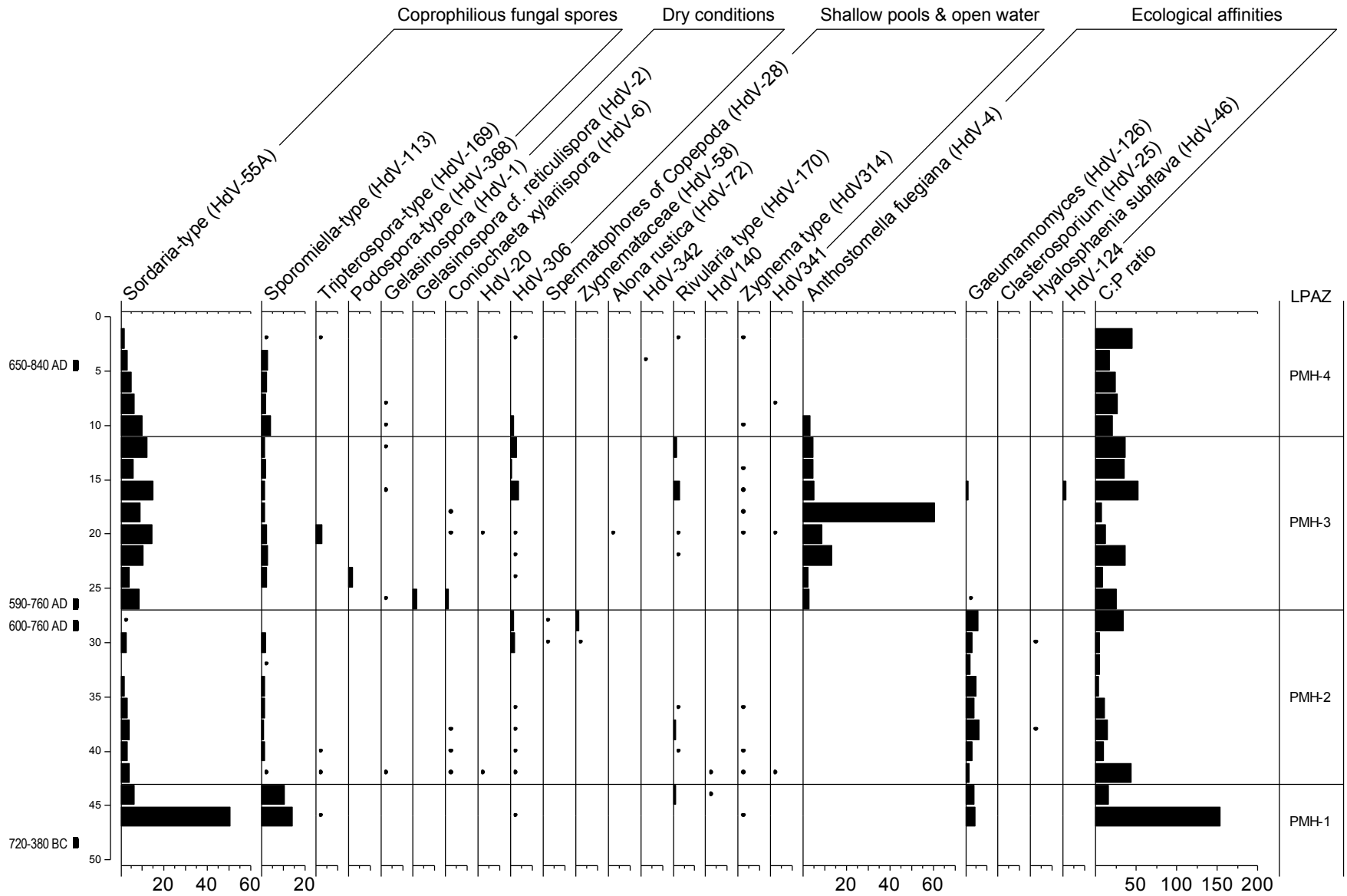
**Figure 1.** Plan of site highlighting pond cutting.



**Figure 2.** Section through 'pond' sediment, courtesy of Martin Carver.



**Figure 3.** Percentage pollen diagram for Portmahomack displaying selected taxa (minimum sum = 500 TLP). Also shown is charcoal to pollen ratio and calibrated radiocarbon dates. • represents <1% TLP.



**Figure 4.** Percentage non-pollen palynomorph diagram for Portmahomack displaying selected taxa (calculated as a percentage of TLP). • represents <1% TLP.