

List of figures

- 2.1 OS quarter sheet map showing the 1km squares mapped

- 3.1 Sea-level change and deglaciation
- 3.2 Solid geology of the North East coast with main locations discussed in text marked
- 3.3 Location of SLI points from raised peat deposits within SMP Cell 1a
- 3.4 Sea level index points for Northumberland (north) sites as calibrated age (yr BP) against change in sea-level relative to present
- 3.5 Sea level index points for Northumberland (central) sites as calibrated age (yr BP) against change in sea-level relative to present
- 3.6 Sea level index points for Northumberland (south) sites as calibrated age (yr BP) against change in sea-level relative to present
- 3.7 Location of SLI points from raised peat deposits within SMP Cell 1b
- 3.8 Sea level index points for Tees sites as calibrated age (yr BP) against change in sea-level relative to present
- 3.9 Diagrammatic representation of the fluctuations in RSL at Hartlepool Bay during the mid Holocene
- 3.10 Late Holocene relative land-/ sea-level changes (mm yr^{-1}) in Great Britain
- 3.11 Palaeogeographical reconstructions of North West Europe

- 6.1 The putative Lower Palaeolithic biface from Limekiln Gill, County Durham
- 6.2 The putative Lower Palaeolithic biface from South Gare Breakwater, Teesmouth
- 6.3 Kettleiness alum works
- 6.4 Kettleiness station
- 6.5 Skinninggrove Harbour
- 6.6 The lifeboat house at Staithes
- 6.7 Wreck of an C18 colliery brig at Seaton Carew
- 6.8 The coastguard station at Whitby 16th December 1914
- 6.9 Ridge-and-furrow and pre-medieval sites in Block 1a
- 6.10 Pre-Medieval sites in Block 1 recorded from aerial photographs
- 6.11 Medieval and post-Medieval sites in Block 1 recorded from aerial photographs

- 6.12 Ridge-and-furrow in Block 1 recorded from aerial photographs
- 6.13 Teesmouth Defended Port in WWII recorded from aerial photographs
- 6.14 Pillboxes and anti-tank obstacles in Block 1 record from aerial photographs

- 7.1 Rock armour at the base of cliffs north of Seaham
- 7.2 Eroding colliery waste at Hawthorn Hive, County Durham
- 7.3 St Peter's Church, Monkwearmouth
- 7.4 The Whitburn barbed point, ventral view
- 7.5 The reconstructed gate at South Shields Roman Fort
- 7.6 Seaham Harbour, County Durham
- 7.7 Thomas Meik's 1849 illustration of North Dock, Sunderland
- 7.8 Seaton Sluice harbour
- 7.9 The rock-cut, artificial harbour at Seaton Sluice
- 7.10 The South Pier Lighthouse, Sunderland re-sited at Roker
- 7.11 The Lighthouse at Souter Point
- 7.12 The South Groyne Lighthouse, Tynemouth with the North Pier and Lighthouse in the distance
- 7.13 St Mary's Island and Lighthouse
- 7.14 The 'New' High and Low Lights at North Shields
- 7.15 The East Lawe Beacon, South Shields
- 7.16 The Seaton Sluice Brigade mustering with their rocket apparatus
- 7.17 The Seaton Sluice Volunteer Life Brigade Watch House
- 7.18 The water tower at Robert's Battery
- 7.19 Coulson Battery, Blyth; the southern gun emplacement
- 7.20 Coulson Battery, Blyth; WWI and WWI command posts
- 7.21a Lizard Farm Heavy Anti-Aircraft Battery
- 7.21b Transcription of Lizard Farm aerial photograph
- 7.22 Pre-Medieval sites in Block 3 recorded from aerial photographs
- 7.23 Medieval and post-Medieval sites in Block 3 recorded from aerial photographs
- 7.24 Ridge-and-furrow in Block 3 recorded from aerial photographs
- 7.25 Wearmouth Defended Port in WWII recorded from aerial photographs
- 7.26 Tynemouth Defended Port in WWII recorded from aerial photographs

7.27 Pillboxes and anti-tank obstacles in Block 3 recorded from aerial photographs

8.1 The site of St Waleric's Church, Alnmouth

8.2 Peat and fallen tree trunk overlying boulder clay at Low Hauxley

8.3 Bronze Age cist at Howick Burn

8.4 Cresswell Tower

8.5 Low Chibburn C14 Preceptory

8.6 Fragment of the Amble monastic grange

8.7 St Bartholomew's Church, Newbiggin

8.8 Site of the Mesolithic hut at Howick Burn

8.9 Oyster beds at Alnmouth

8.10 A vessel 'taking the ground' in Alnmouth Harbour

8.11 The memorial plaque at Craster Harbour

8.12 Craster Harbour

8.13 Coquet Island Lighthouse

8.14 The High Light at Blyth

8.15 Boulmer Volunteer Rescue Service building

8.16 Wooden hulks on the north shore at Amble Harbour

8.17 APTE record of the Long Houghton decoy airfield

8.18 Pillbox S0007011 Druridge Bay Defence Area

8.19 Anti-tank blocks in the Druridge Bay Defence Area

8.20 Pre-Medieval sites in Block 2 recorded from aerial photographs

8.21 Medieval and post-Medieval sites in Block 2 recorded from aerial photographs

8.22 Ridge-and-furrow in Block 2 recorded from aerial photographs

8.23 Druridge Bay Defence Area recorded from aerial photographs

8.24 Pillboxes and anti-tank obstacles in Block 2 recorded from aerial photographs

9.1 The partially eroded C18 Limekilns at Beadnell Harbour

9.2 Putative Late Bronze Age enclosure at North Sunderland recorded from aerial photographs

9.3 Multivallate Fort at NU105374 recorded from aerial photographs

9.4 Bamburgh Castle from the east

- 9.5 Lindisfarne Priory seen from The Heugh
- 9.6 The White Wall, Berwick-upon-Tweed
- 9.7 St Cuthbert's Isle
- 9.8 The C16 Cumberland Bastion and C17 earthworks, Berwick-upon-Tweed
- 9.9 Beadnell Limekilns
- 9.10 Castle Lime Works, Holy Island
- 9.11 Pier Maltings, Berwick-upon-Tweed
- 9.12 Keel boat sections at Holy Island Harbour
- 9.13 The Guile Point obelisks, Holy Island Harbour
- 9.14 Lindisfarne Castle
- 9.15 The Fort on the Heugh, Holy Island
- 9.16 WWII anti-tank obstacles at the Beal end of the Holy Island causeway
- 9.17 Searchlight Battery at Shoreston Hall, Seahouses
- 9.18 Pre-Medieval sites in Block 4 recorded from aerial photographs
- 9.19 Medieval and post-Medieval sites in Block 4 recorded from aerial photographs
- 9.20 Ridge-and-furrow in Block 4 recorded from aerial photographs
- 9.21 Pillboxes and anti-tank obstacles in Block 4 recorded from aerial photographs